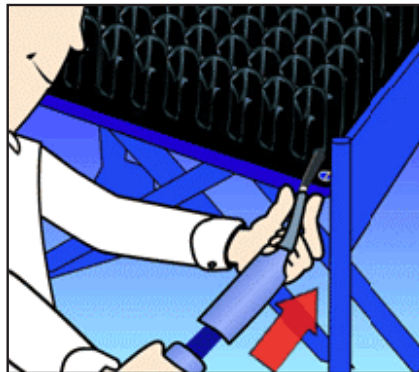


## How to adjust your ROHO® cushion

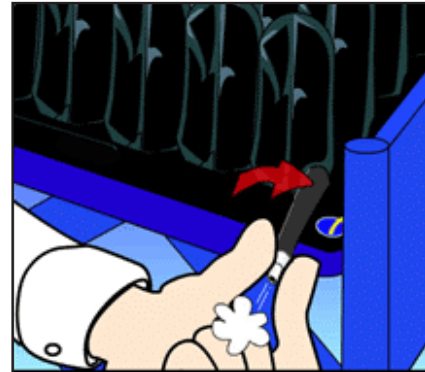
- ROHO® Single Compartment Cushion (HIGH, MID, LOW PROFILE)
- ROHO® Dual Compartment Cushion (HIGH, LOW PROFILE)
- ROHO® ENHANCER® Cushion



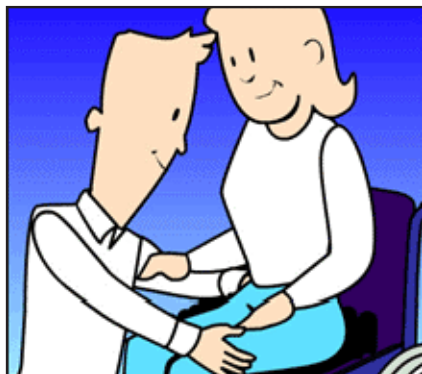
**STEP 1** Place cushion on the chair, making sure it is centered with air cells up and with the air valve in front left corner (when the individual is seated). Turn valve **anti-clockwise** to open.



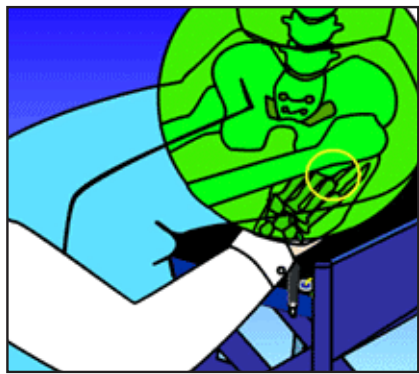
**STEP 2** Slide the pump's rubber nozzle over the valve and inflate the cushion until it begins to slightly arch upward.



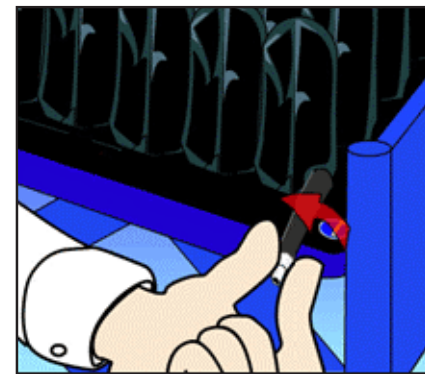
**STEP 3** Pinch the pump's nozzle and turn valve **clockwise** to close. Remove pump. (Repeat steps 1 - 3 for remaining air valves on multi-valve cushions.)



**STEP 4** Have the user sit in the chair, making sure the cushion is centered underneath. The individual should be seated in their normal sitting position. As the person assisting with set up, make sure to ask permission of the user before completing STEP 5



**STEP 5** Slide your hand between the cushion's surface and the individual's pelvis. Lift their leg slightly and identify their lowest bony prominence. Then lower their leg to a sitting position.



**STEP 6** Turn valve **anti-clockwise** to let out air while keeping your hand under the person's lowest bony prominence. Release air until you can slightly move your finger tips. Turn the valve **clockwise** to close.

**ROHO® Dual Compartment Cushions:** To maximize the positioning benefits for individuals with a pelvic obliquity, the side with the lowest bony prominence must be adjusted first. Dual compartments may be used for side-to-side or front-to-back positioning. For those who use front-to-back positioning, adjust the rear section first. Once both adjustments are made, recheck each compartment to ensure proper adjustment.



**NOTE: DO NOT** sit on an improperly inflated cushion. Under-inflation and over-inflation of the cushion sections reduce or eliminate the cushion's benefits and could increase risk to the skin and other soft tissue. The cushion is most effective when there is 1/2 inch (1.5 cm) to 1 inch (2.5 cm) of air between the user's bottom and the seating surface.